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ABSTRACT OF THE DISCLOSURE

An end stop damper including a stop element, guided in an elongate damper body with an opened and a closed end as well as a receiving chamber, for receiving a sliding piece, joined to the stop element. The end of the sliding piece, which extends into the receiving chamber, forms a cavity with the inner contour of the receiving chamber. The cavity has at least one opening, for reducing the air pressure. The opening cooperates with a damping element which creates a flow resistance for the air, escaping through the opening.